



# PHYSICAL EDUCATION, B.S.P.E.

Teach PE in kindergarten through 12th grade.

Impact young lives through physical literacy.

## THE PROGRAM

As you prepare to become a highly effective Physical Education teacher in grades K-12, you will learn to promote daily and lifelong physical activity in children and adolescents. You will develop the skills, knowledge, and dispositions physical education teachers need in order to provide optimal learning for children in their journey of physical literacy. You will have field experiences and internships throughout the program in diverse school settings, where you will work alongside award-winning faculty and experienced physical education teachers.

State reciprocity and our national accreditation make it easy to become certified in most states. Our graduates are also well-prepared to enroll in master's degree programs during their first years of teaching.

## SPECIALIZED COURSE WORK

Your course work and field experiences will prepare you to:

- apply theory and science to your teaching and coaching
- design and implement PE curriculum using evidence-based planning and instructional skills
- effectively manage movement settings
- support the learning needs of students with and without disabilities

## ACCREDITATION

All educator preparation programs at the University of South Carolina are accredited by the Council for the Accreditation of Educator Preparation (CAEP).



**College of Education**  
UNIVERSITY OF SOUTH CAROLINA

2024-2025

# TYPICAL PROGRAM FOR PHYSICAL EDUCATION, B.S.P.E.

## FRESHMAN

### Fall

Philosophy and Principles of Physical Education  
PE Skills Course - Weight Training  
PE Skills Course - Badminton/Golf  
Reading and Composition  
Biology Course  
ELective (typically UNIV 101)

### Spring

Description and Analysis of Human Movement  
PE Skills Course - Basketball/Soccer  
Rhetoric and Composition  
Social Science  
Analytical Reasoning and Problem Solving  
Chemistry or Physics Course

## SOPHOMORE

### Fall

Physical Education for Inclusion\*  
Learners and the Diversity of Learning  
PE Skills Course - Tennis/Track  
PE Skills Course - Softball/Volleyball  
Human Anatomy and Physiology I  
Analytical Reasoning and Problem Solving

### Spring

The Art and Science of Coaching  
Motor Learning in Physical Education  
PE Skills Course - Folk/Square Dance  
Personal and Community Health  
Sociology  
Aesthetics and Interpretive Understanding

### South Carolina Teacher Loan

SC Residents might be eligible for the South Carolina Teacher Loan. Visit [www.scstudentloan.org](http://www.scstudentloan.org) for more information.

## JUNIOR

### Fall

Instructional Aspects of Physical Education and Practicum\*  
Observational Analysis of Sports Techniques and Tactics  
Human Child/Adolescent Growth  
Functional Musculoskeletal Anatomy  
PE Skills Course - Educational Gymnastics  
PE Skills Course - Educational Games

### Spring

Instruction of Young Learners in Movement Settings and Practicum\*  
Physical Education for Primary Grades  
Measurement and Evaluation in Physical Education Content  
Area Literacy K-12  
History Course  
PE Skills Course - Educational Dance

## SENIOR

### Fall

Instruction in Secondary School Physical Education and Practicum\*  
Teaching Physical Education  
Teaching Health Related Physical Fitness  
PE Skills Course – Elective  
Additional required Carolina Core Course

### Spring

Physical Education Curriculum  
Directed Teaching in Physical Education\*

\*Indicates courses with experiences in a school setting.



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