



### January 2023

# Lancer News

Welcome back, Lancers & Happy New Year!

We hope you all had a great winter break by spending time with loved ones and getting a good long rest after finals!

As some of you may have already done, most people write out a list of things they want to change about themselves or accomplish because of the start of the new year: New Year's Resolutions. People always say, "New Year, New Me." Well, have you ever thought about, "New Year, Same Me?"

Keep reading



Above: USCL and USC SNA collected and packaged over 60 toys to deliver to Levine Children's Hospital! Way to go SNA!

Below: USCL TRiO collected and delivered over 400 toys to local schools as part of the USCL Cares Angel Tree Campaign! Way to go TRiO!











Most people feel like they have to reinvent themselves each new year, but what if we don't do that anymore? What if we highlight what we already love about ourselves?

Take for instance that you are really good at cooking, but you also feel that you spend too much money on things you don't always need, like takeout food. Why not continue to work on amplifying your already good skill of cooking, which will then lead you to spend less money on takeout? Not only are you bettering yourself in one way but now two!





The new year is all about perspective and how you look at who you already are. So, don't beat yourself down this new year; build yourself even better.









# Martin Luther King Jr. Day

Today we honor the life of an American hero, Dr. Martin Luther King Jr., for his

transformative work in the American civil-rights movement and shaping our nation.





Click to read 5 interesting facts you may not know about MLK!









#### **Native American Studies Center** UNIVERSITY OF SOUTH CAROLINA LANCASTER

W. Brent Burgin Lunch and Learn Lecture Series 2023

"The Sleeping Woman Speaks: Memory and Voice of the Women of the Guazapa Volcano, El Salvador"

By Cynthia Curtis, USCL Student

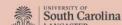
Friday, January 27 Noon

In 1932, a popular uprising in



oral history project was initiated with 12 rural women from the community of San Antonio, in the former war zone of the Guazapa Volcano. Combining anthropology and archaeology, the project supports the women of San Antonio in their journey to reconnect with their Indigenous identity.

This lecture is co-sponsored by USCL Research Club.



## **Ever wonder who Lance is?**



Well, it could be **YOU!** Reach out to Jeff Rammage if you are interested via email jrammage@mailbox.sc.edu or **USCLLIFE@mailbox.sc.edu** 

#### **USCL STUDENT** FOOD PANTRY

**FALL 2022 HOURS: MONDAY - THURSDAY** 9:00 AM - 1:00 PM LOCATION: FOUNDERS LOBBY



The USCL Student Food Pantry is a FREE resource of nonperishable foods and frozen meals for students who need some help to get through a tough week. If you are in a bind, come and get what you need! No questions asked! Must be a USCL student.



**Lactation Room HH 229** Open any time for students, faculty, &

Now available:

## **Medford Library** Spring '23 Hours:

**MON-THURS: 8AM - 8PM** 

**FRI: 8AM - 2PM** 

SAT-SUN: Closed











#### **Needing Your Flu or Covid Shot?**

Seasonal flu shots and Covid shots will be offered, at no charge, to anyone who has not already receive the flu shot or Covid shot.

(Flu) January 18 11:00-2:00 Bradley Building Lobby (Flu) February 15-11:00-2:00 Bradley Building Lobby (Covid) January 24 11:00-2:00 Bradley Building Lobby (Covid) February 22 11:00-2:00 Bradley Building Lobby





Medford Library, USC Lancaster



Open by Appointment (855) 472-3432



sc.edu/lancaster/asc

Hit the ground running with help from the **Academic Success Center** 

Free tutoring for all USCL students

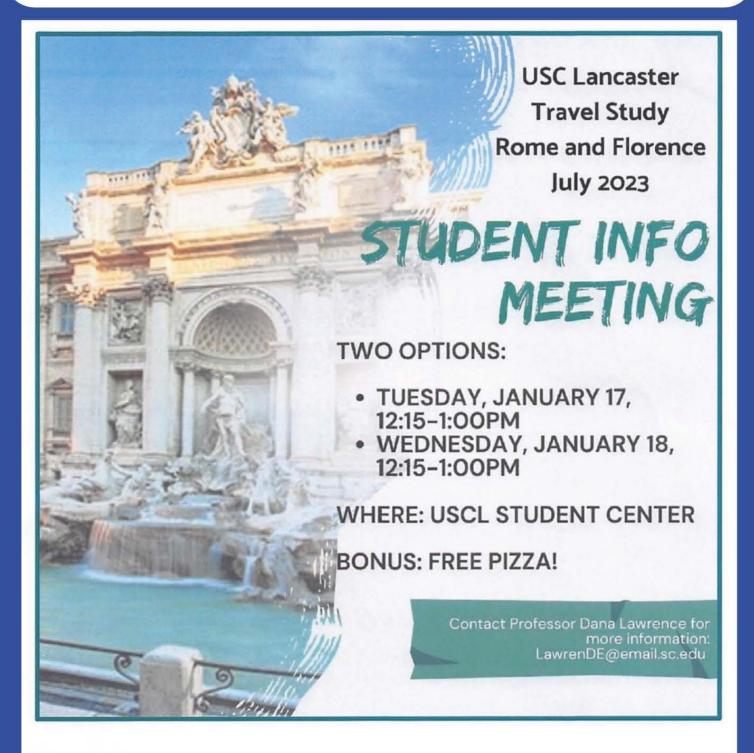














## UNIVERSITY OF South Carolina LANCASTER

A Regional Palmetto College

## January 2023

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
1	2	3	4	5	6	7
8	BCM Meeting with free lunch FH 129 @12:15	10	11	12	D&D 13 Meeting @12:30 in FH 132	14
Flu <b>15</b> Vaccines 11-2 BB Lobby	BCM Meeting with free lunch FH 129 @12:15 Campus Closed for MLK Day	Travel Study 17 Meeting @12:15 in Student Center	Flu 18 Vaccines 11-2 BB Lobby Travel Study Meeting @12:15 in Student Center	Imagine Carolina @9-12:45	D&D 20 Meeting @12:30 in FH 132	21
22	The second secon	Covid-19 <b>24</b> Vaccines 11-2 BB Lobby	25	26	NASC Lunch 27 & Learn (2) @12pm D&D Meeting (2) @12:30 in FH 132	28
29	BCM Meeting 30 with free lunch FH 129 @12:15	31				



## Martin Luther King Jr. Day

Monday, January 16th

